



2026 TOURNAMENT SCHEDULE

DATE	TOURNAMENT	AGE GROUP	LOCATION
March 12–15	Folkstyle National Championship	16U & Junior	Des Moines, IA
March 14	Battle for Bama	All Ages	Hoover High School
March 27–29	NHSCA High School Nationals	Middle School & High School	Virginia Beach, VA
April 4	Regional Open Mat	All	North, Central, South Locations
April 11	In-state Tournament	All	TBD
April 18	Swamp Donkey Invitational	All	TBD
April 21–26	U.S. Open	U20, U17, U15, Girls HS	Las Vegas, NV
April 25	Tough House Invitational	All	Walter Wellborn High School
May 2	Team Alabama State Tournament	All	Homewood Middle School
May 15–17	Southeast Regionals	8U–16U	Duluth, GA
June 8–12	14U National Duals	14U	Wesley Chapel, FL
June 16–20	Women's National Duals	14U, 16U, Junior	Westfield, IN
June 16–20	Junior National Duals	Junior	Milwaukee, WI
June 25–28	USA Kids Freestyle & Greco Nationals	8U–14U	Cedar Rapids, IA
July 9–18	U.S. Marine Corps Nationals (Fargo)	16U & Junior	Fargo, ND

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